

Product Recommendations

We do not “diagnose” or “cure” any diseases, but when you supply the body with the proper nutrition on a cellular level, the body then has the tools to do amazing things!

It is recommended that everyone be on Cellular Nutrition (CN) – Formula 1, Multi-vitamin and Cell Activator – is recommended as a critical starting point for everyone, and then add targeted products. They are listed according of importance to the health issue we are dealing with.

Acne	Oil Free Skin Care, Mask, Herbalifeline, Radiant C
ADD/ADHD	NRG, Herbalifeline, Schizandra Plus
AIDS	Schizandra Plus, Rose Ox, Herbalifeline, Herbal Aloe Juice, Cardio-Toconox, Niteworks (Use other products as symptoms appear.)
Alcoholism	Snack Defense, NRG Tablets, Schizandra Plus, Relax Now, Niteworks
Allergies	Schizandra Plus, NRG, RoseOx, Herbalifeline, Herbal Aloe Drink.
Alzheimer's	Niteworks, Herbalifeline, NRG Tablets or Tea, Ultimate Ginko, Cardio-Toconox, Prelox Blue (reduce intake of Tums, margarine and other semi-solid vegetable oils)
Anemia	Cell-U-Loss, Aminogen, Xtra-Cal (best used at night; not with Cell-U-Loss) Tang Kuei Plus.
Anti-biotics	Herbal Aloe drink, Flora Fiber &/or AM Tablet after course of anti-biotics
Anxiety	Relax Now, Tang Kuei, Herbalifeline, Xtra-Cal,
Arthritis	Joint Support, X-Cal, Herbalifeline, Schizandra Plus, Niteworks
Asthma	Schizandra, NRG (Tea = fast relief, tablets = long term), RoseOx, Herbalifeline, Herbal Aloe Drink
Back Pain	Joint Support, X-Cal, Herbalifeline, Tang Kuei Plus
Weight Loss Program as needed	Shapeworks personalized programs
Bad Breath	Herbal Aloe Drink,(can be swished and swallowed), Herbal Aloe Gel,(can be used topically on sore/infected gums. Don't forget to brush teeth AND tongue and Floss DAILY!
Bell's Palsy	Herbalifeline, Niteworks and Prelox Blue
Bladder Infections	Triple Berry Complex, Herbal Aloe Juice,FloraFiber (or AM tablet), lots of fluids.
Bloating	See “Water Retention” or the appropriate Gastro-intestinal situation.
Body Building	Bulk & Muscle or Performance Protein Powder added to meals, Aminogen, Male Factor 1000, Schizandra, Joint Support, Niteworks.
Body Odor (excessive)	21 Day Cleanse - FloraFiber after AM/PM program, Herbal Aloe Juice, Schizandra
Bronchitis	Schizandra Plus, NRG, Rose Ox, Kindermins(drop in throat a few times/day) Herbalifeline, Herbal Aloe Juice.
Bruise Easily	Niteworks.
Burns	Herbal Aloe Gel, Herbal Aloe Drink

Bursitis	Joint Support, Herbalifeline, X-Cal, Tang Kuei.
Calcium Deficiency	Xtra-Cal
Cancer	Herbal Aloe Juice, Schizandra Plus, Rose Ox, (do not use anti-oxidants DURING chemotherapy) Herbalifeline, Niteworks, Xtra-Cal, Florafiber.
Cardiovascular Problems:	Niteworks, Herbalifeline, Cardio ToconOx, Prelox Blue
Cholesterol	Herbalifeline, Niteworks, Cardio Toconox
Chronic Fatigue	(make sure they are taking 3 Cell Activator with each meal) Schizandra Plus, Herbalifeline, Herbal Aloe Juice, Rose Ox, Niteworks, Herbal Concentrate
Concentrate, Performance	Protein Powder added to meals, NRG Tablets or Tea, Sleep Now, Tang Kuei, Xtra Cal
Chronic Pain	Herbalifeline, Joint Support, X-Cal, Relax Now
Circulation problems	Niteworks, Herbalifeline, Cell-U-Loss, Prelox Blue, Herbal Aloe Drink
Colds & Flu	Schizandra Plus, Herbal Aloe Juice, Rose Ox
Constipation	Herbal Aloe Juice, FloraFiber, Active Fiber Powder, ThermoBond, 21 Day Cleanse, Herbal Concentrate Tea, more fluids
Crohn's Disease	Herbal Aloe Drink, Herbalifeline, Flora Fiber.
Cystic Fibrosis	Schizandra, Herbalifeline, Herbal Aloe Juice, Niteworks
Dark Circles Under Eyes	Hydrating Eye Cream, Lift, Sleep Now (if lack of sleep is a contributing factor, this is a possible allergy symptom, see allergies)
Depression	Herbalifeline, Schizandra Plus, Tang Kuei, Relax Now,
Diarrhea	Herbal Aloe Drink, FloraFiber or Activated Fiber Tablets in small doses may help. (no milk, ThermoBond or PM tabs)
Diabetes	Snack Defense, Weight loss program can help as weight can be a factor. Right amount of Protein is very beneficial
Diverticulitis	Herbal Aloe Drink, Flora Fiber, Herbalifeline
Dry Skin	Herbalifeline, Hydrating Moisturizer, Hydrating Mask, Revitalizing Night Complex, Skin Acivator, (For cracked, bleeding skin apply Aloe Gel) avoid soap, Use Aloe Body Lotion and aloe Body Wash.
Emphysema	Schizandra Plus, NRG Tablets or Tea, Rose Ox, Herbalifeline, Niteworks
Endometriosis	Tang Kuei, Herbalifeline, Xtra-Cal
Energy (for sports)	NRG Tablets, Male Factor 1000, Niteworks, Schizandra Plus, Mega Ginseng, Herbal Concentrate (especially for reducing body fat)
Epstein-Barr	Schizandra Plus, Rose Ox, Herbalifeline, Herbal Aloe Juice, Niteworks.
Eye Problems;	Ocular Defense Formula (up to 1 – 3x's a day) Age Related Macular Degeneration, Glaucoma, Cataracts, Night Blindness, Eye Strain
Fibromyalgia	Tang Kuei, Schizandra Plus, Herbalifeline, Herbal Aloe Juice, Joint Support, Xtra-Cal, Sleep Now, Relax Now, NRG Tablets, add Performance Protein Powder to your meals, Niteworks. Eliminate Aspartame from your diet.
Flatulence (Gas)	Aminogen, FloraFiber (eliminate Protein Bars)
Food Allergies	Aminogen, Herbal Aloe Juice, Schizandra Plus

Food Poisoning	Herbal Aloe Juice, FloraFiber, Schizandra Plus.
Gout	Herbalifeline, Aminogen, Triple Berry, Schizandra Plus
Grinding Teeth	Tang Kuei, Relax Now, Sleep Now, (Reduce caffeine intake.)
Hemorrhoids	Topically apply Herbal Aloe Gel, Drink Herbal Aloe Juice, Flora Fiber.
Hiatal Hernia	Herbal Aloe Juice, Aminogen
Hypoglycemia	Snack Defense
Hypertension	Herbalifeline, Xtra-Cal, Cell-U-Loss, Beige (see stress or cholesterol if applicable), Niteworks.
Impotence	Prelox blue, Niteworks, Male Factor 1000, Herbalifeline Ultimate Prostate (if prostate enlarged)
Insomnia	Sleep Now, Tang Kuei Plus, Xtra-Cal, Niteworks, Relax Now
Irritable Bowel Syndrome	Herbal Aloe Drink, Tang Kuei Plus and FloraFiber (Add Thermobond if constipated. If diarrhea occurs, temporarily reduce fiber intake and boost fluids
Jet Lag	NRG, Sleep Now
Joint Pain	Joint Support, Xtra-Cal, Herbalifeline.
Kidney Stones	Xtra-Cal, Herbal Aloe Juice
Liver Spots	Herbalifeline, Revitalizing Night Complex, Skin Activator
Low Energy	NRG or Herbal Concentrate, Total Control, Lift off
Lupus	Herbalifeline, Schizandra Plus, Herbal Aloe Juice, Niteworks
Manic / Depression	Herbalifeline, Tang Kuei,
Memory	Niteworks, Ultimate Ginkgo, Herbalifeline, NRG
Menopausal	Tang Kuei, Women's Choice, Male Factor 1000 (normally a ratio of 1 per 3 Tang Kuei), Xtra-Cal, increase protein with Performance Protein Powder.
Menstrual Cramps	Tang Kuei Plus, Xtra-Cal
Migraine Headaches	Herbalifeline, Tang Kuei Plus, Relax Now, AM/PM, Xtra-Cal
Mononucleosis	Schizandra Plus, Herbalifeline, Herbal Aloe Juice, 21 Day Cleanse.
Multiple Sclerosis	Xtra-Cal, Herbalifeline, Niteworks.
Muscle Cramping, Twitches, Soreness	Tang Kuei Plus, X-Cal, Relax Now, Niteworks.
Osteoporosis	Xtra-Cal, Women's Choice
Overweight	Shapeworks Personalized Program
PMS	Tang Kuei Plus, Women's Choice, Increase Protein with Performance Protein Powder, Herbalifeline, Cell u Loss for bloating
Pregnancy	Xtra-Cal, Herbalifeline (Extra folic acid is also recommended.)
Prostate (benign enlargement)	Ultimate Prostate, Cell-U-Loss
Psoriasis	Herbalifeline, Aminogen, Schizandra, Herbal Aloe Juice, (Aloe Gel, Night Companion, Hyd. Mask, Vitamin C Booster)
Raynaud's Syndrome	Herbalifeline, Cell-U-Loss, Schizandra Plus, Herbal Aloe Juice, Niteworks.
Reflux Esophagus	Herbal Aloe Drink, Aminogen (Never lay down after eating.)
Restless Legs Syndrome	Cell-U-Loss, Xtra-Cal, Sleep Now, Tang Kuei, Relax Now.
Rickets	Xtra-Cal
Rosacea	Herbalifeline, Nature's Mirror System & Revitalizing Night Complex, Mystic Mask, Night Companion (For women, especially between 35 - 50, Tang Kuei Plus, Women's Choice
Scars	Skin Activator, Night Companion, Vitamin C Booster

Sex Drive - Low (women)	Tang Kuei, Women's Choice, Male Factor 1 to 3 ratio with T.K., Niteworks, Increased Protein with Performance Protein Powder
Sex Drive - Low (men)	Male Factor 10000, Prelox Blue, Niteworks, Lift off
Sinusitis	Schizandra Plus, NRG Tea or Tablets, Rose Ox, Herbalifeline.
Sinus Pain/Pressure	Schizandra Plus, NRG, Rose Ox, Herbalifeline.
Sleep Apnea	Shapeworks Personalized Program, Herbal Aloe Drink, Niteworks.
Snoring	Shapeworks Personalized Program (Where appropriate.) Schizandra Plus (For Allergy) Niteworks
Sore Throat	Kindermins, Herbal Aloe Juice, Shizandra Plus, Rose Ox.
Sour Stomach	Herbal Aloe Drink
Spastic Colon	See "Irritable Bowel Syndrome"
Stage Fright	Relax Now
Stamina	Niteworks, Male Factor 1000, Schizandra Plus
Stress	Relax Now, Tang Kuei
Stretch Marks (avoiding)	Herbal Aloe Gel or Body Lotion, Cell-U-Loss to reduce bloating
Stretch Marks (reducing)	Body Buffing & Contouring, Revitalizing Night Complex
Smoking (to stop)	Schizandra, RoseOx, Relax Now, NRG Tea or Tablets
Sun Burn	Aloe Drink, Soothing Aloe Gel or Spray, Radiant C Booster or Quencher
Thyroid, Under active	Shapeworks Program with aminogen
Tinnitus	Herbalifeline, Shizandra Plus, Ultimate Ginkgo
Ulcers	Herbal Aloe Juice , Relax Now
Underweight	Aminogen, Formula 1 AFTER meals or Performance Protein Powder added your Meals
Urinary Tract Infection	Triple Berry Complex, FloraFiber or AM Tablet, Herbal Aloe Juice. Drink lots of fluids.
Varicose Veins	Herbalifeline, Niteworks
Vertigo	Herbalifeline, Ultimate Ginkgo
Water Retention	Cell-U-Loss
Weak Immune System	Schizandra Plus, Rose Ox, Herbalifeline Herbal Aloe Juice,
Yeast Infections	FloraFiber, Triple Berry Complex